

# Christopsomo

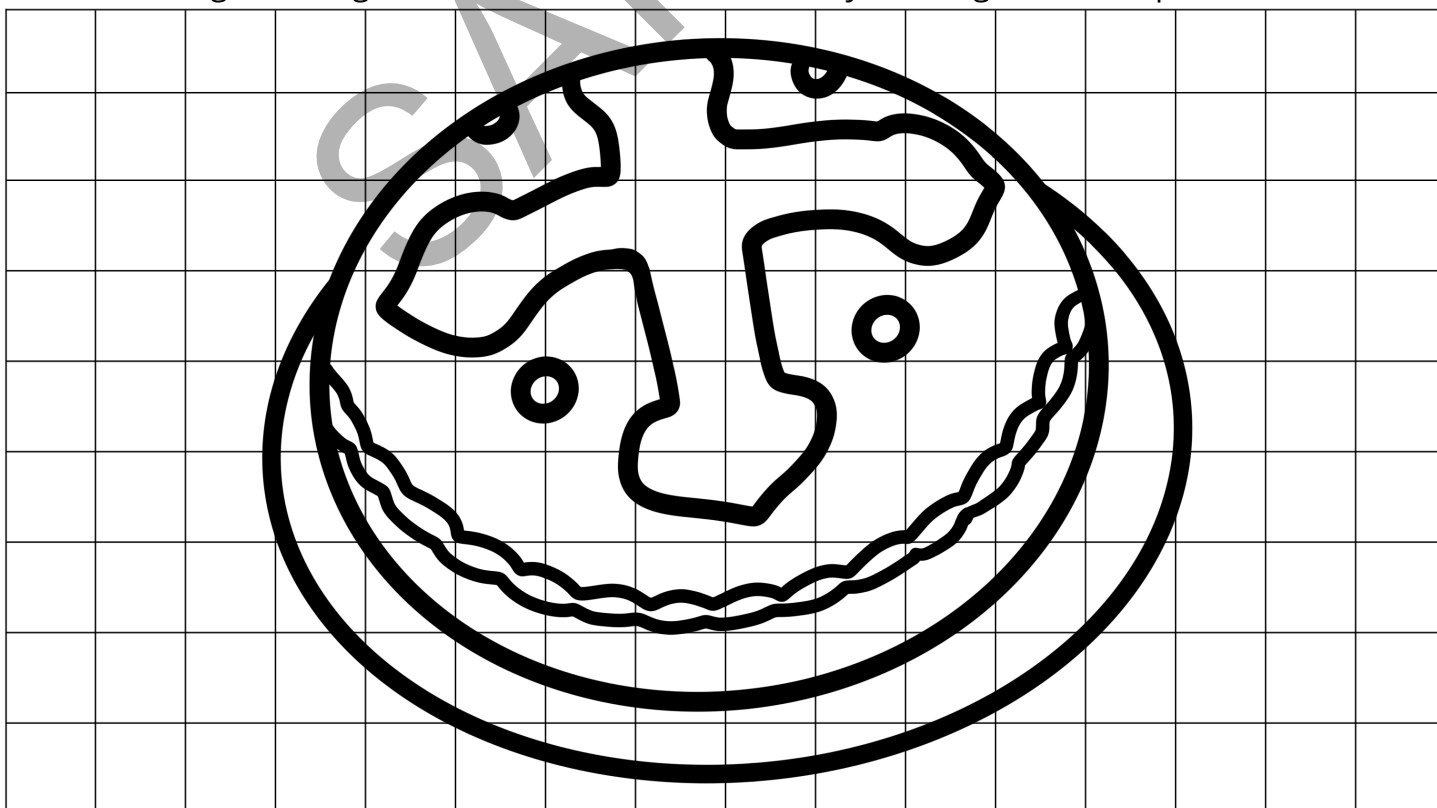
Christopsomo is a very special Greek bread. It is also called “Christ’s Bread” or “Christmas Bread.” The tradition of making Christopsomo dates back to the days of the Ottoman Empire hundreds of years ago. You can make it in different shapes, but it is almost always made on Christmas Eve and usually includes a cross made out of dough on top of the loaf. Some families also make patterns and pictures from small pieces of dough they bake into the top of the bread. If you are a shepherding family, you might decorate the bread with symbols of sheep. If you are vineyard owners, you could decorate the bread with pictures of grapes. Some families create entire scenes on top of the bread, all out of dough and a few edible ingredients such as almonds and other nuts.

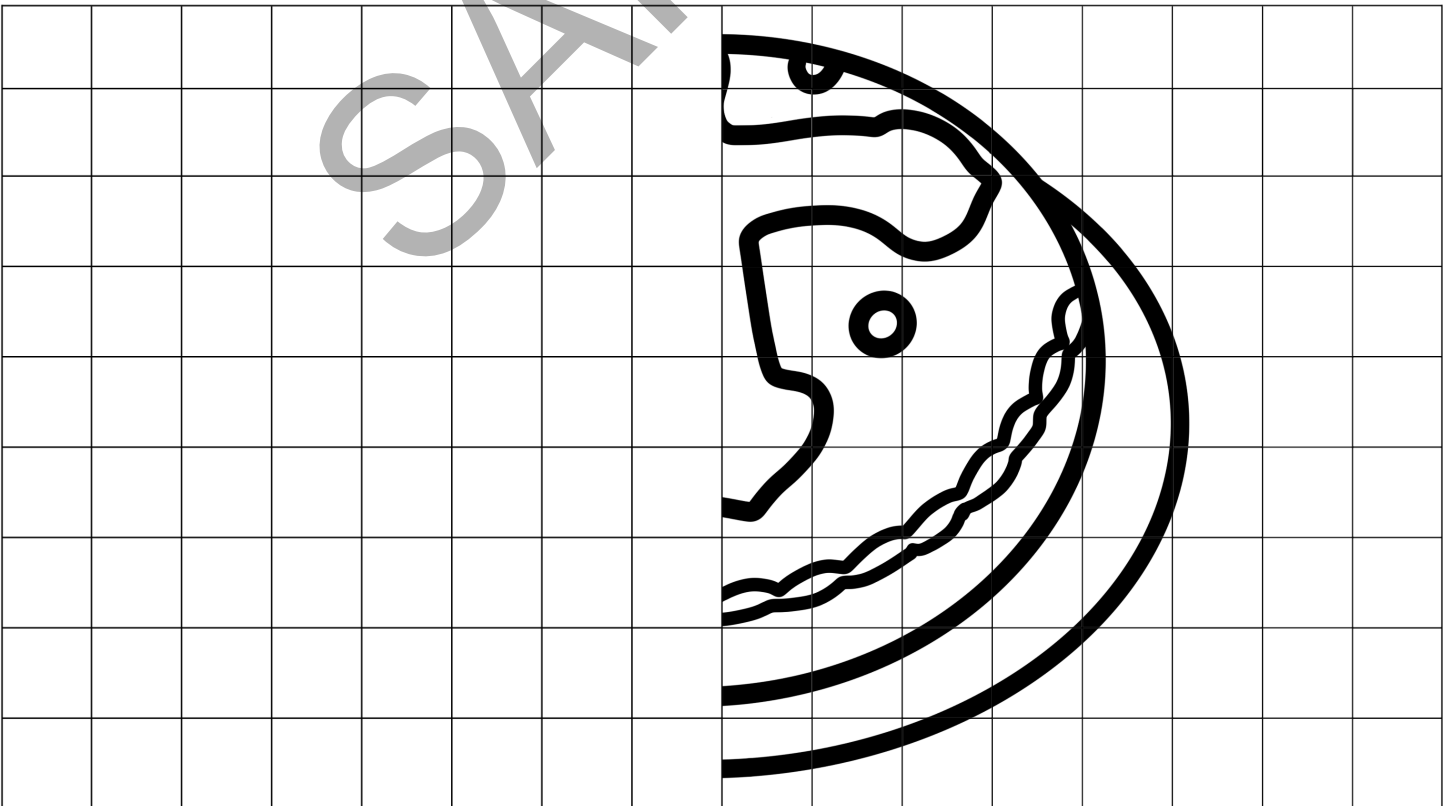
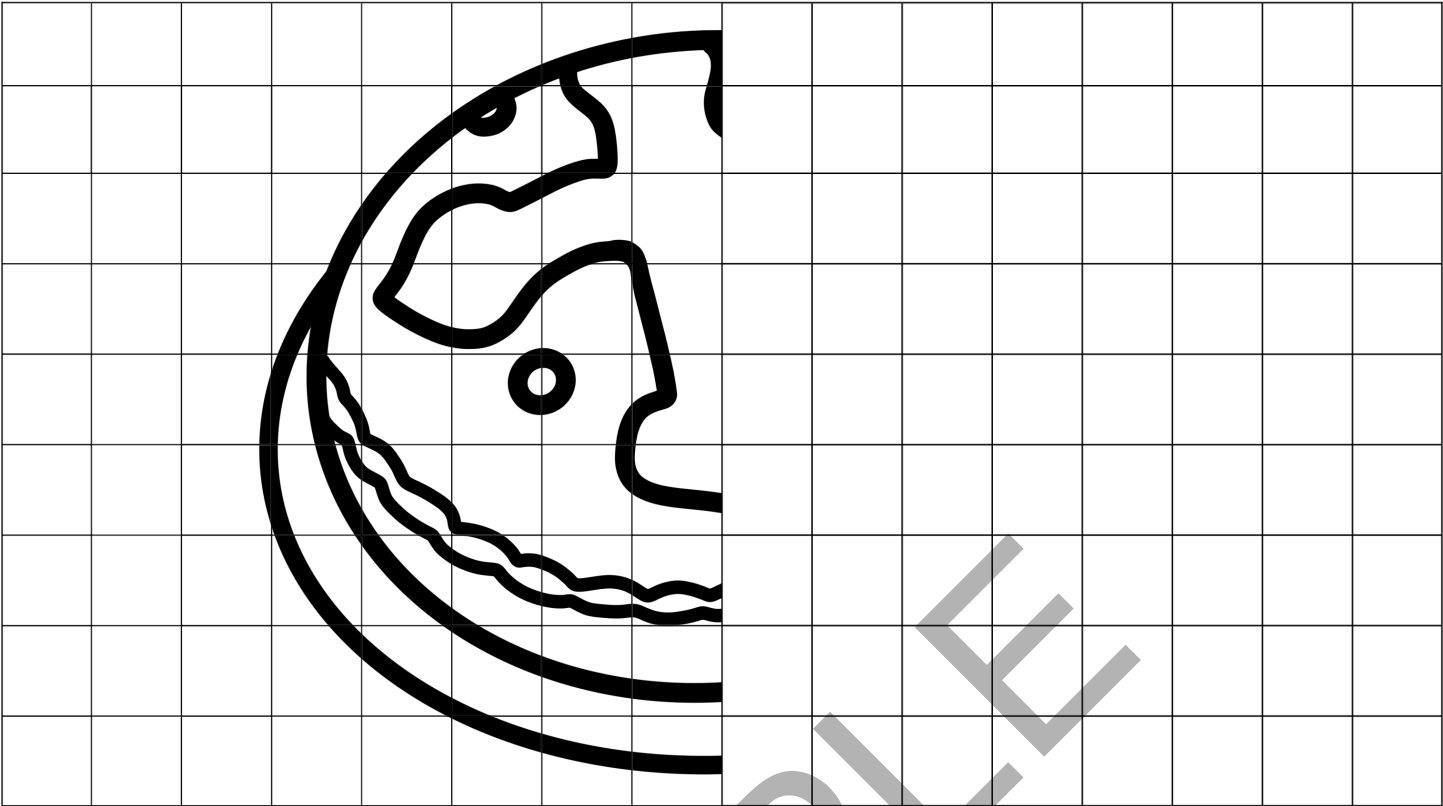
Traditions vary in different parts of Greece, but those baking the bread often pray or sing hymns while kneading the dough and preparing the bread. Making the bread by hand takes a lot of work, patience, and care. The dough has to raise more than once, so you have to allow plenty of time to make the Christopsomo.

Eating Christopsomo on Christmas Day is a heartwarming tradition. The head of the house cuts the bread and shares it with everyone at the table, whether they are family or guests, encouraging a special feeling of togetherness.

Follow these instructions to draw a picture of the loaf of Christopsomo on the next page like the picture shown below:

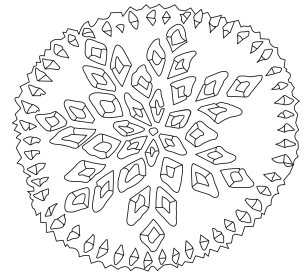
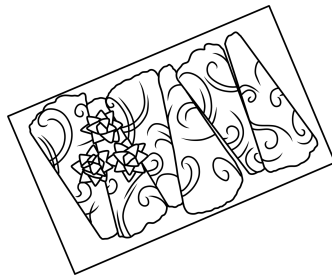
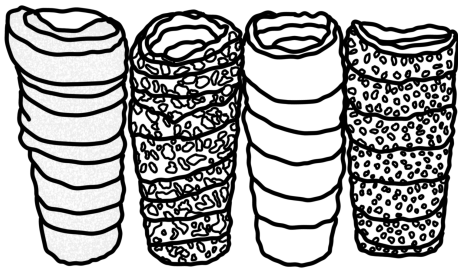
- Decide if you want to draw the right half of the picture or the left half of the picture and draw it in one of the first two grids. You can draw both if you’d like.
- Now, using a blank grid from the back of the book, try drawing the whole picture.



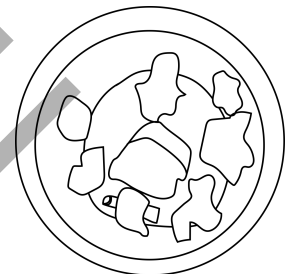
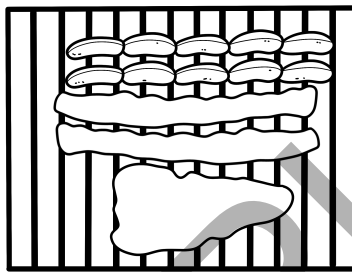
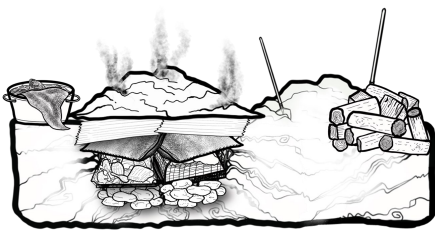


# Questions

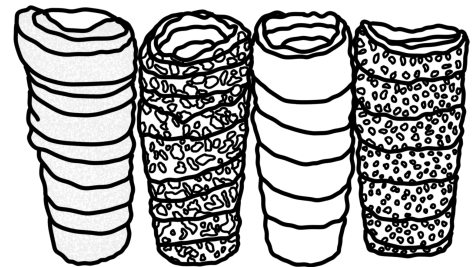
1. Which picture shows a picture of krumkaker? Circle it.



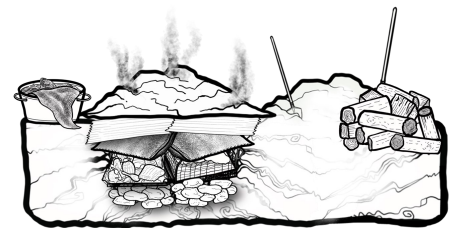
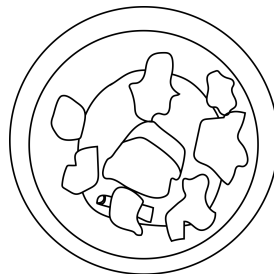
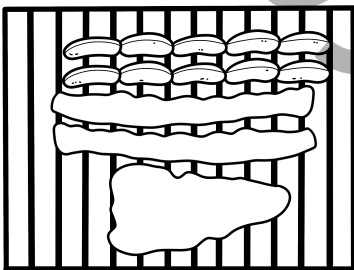
2. Which picture shows a picture of a bowl of fufu? Circle it.



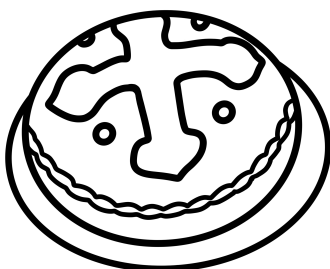
3. Which picture shows a picture of a girl pulling toffee? Circle it.



4. Which picture shows a picture of an asado? Circle it.



5. Which picture shows a picture of kuswar (kuswad)? Circle it.

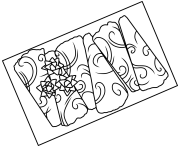


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# Answer Key

1.



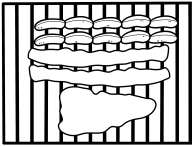
2.



3.



4.



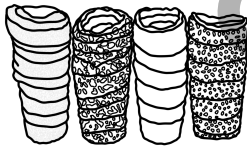
5.



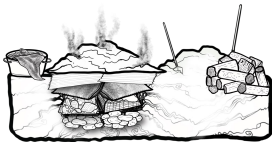
6.



7.



8.



9.



10.

